

An Ancient Ritual for Healing the Planet

by Nicole Person

Homa are ancient Vedic devotional fire ceremonies. *Yajnya* is the Vedic term for the process of removing toxic conditions of the atmosphere through the Homa fire, replenishing the nutrients that pollution robs from our environment. Homa ceremonies facilitate the self-purification of those attending, while balancing the forces of nature. Heal the atmosphere and the healed atmosphere heals you.

The most basic Homa is called AGNIHOTRA. AGNI (fire) and HOTRA (healing), purifies the atmosphere through a specially prepared fire performed at daily sunrise and sunset. The fire is prepared in a small copper pyramid of a particular size and shape. Brown rice, dried cowdung (manure) and ghee (clarified unsalted butter) are burned, exactly at sunrise or sunset. The mantras are spoken and a small amount of rice and ghee is given to the fire.



Agnihotra is performed only at sunrise and sunset. At sunrise the many fires, electricities, ethers and more subtle energies emanating from the sun extend all the way to the earth and produce a flood effect. Scientific investigation at stone circles in England- the Dragon Project- reveal interesting energy patterns at these times. At sunset the flood recedes.

During the burning, the pyramid's shape and copper material act like a generator producing negative ions, harmonizing the environment. In Yugoslavia, after the Chernobyl catastrophe, scientists conducted the Agnihotra ceremony and found that radioactivity was completely neutralized in the immediate vicinity. Prana is drawn down from the solar range into the environment while pollution-depleted and distorted prana is rebalanced into an ideal

state. Nothing is destroyed, only transformed. In a polluted environment the elements of the earth begin to change: the structure of the chemical elements and their connection to molecules are restructured. These fine material changes during Agnihotra can be seen with the help of Kirlian photography. The basic effect reaches more than 7 miles into the atmosphere and over one half mile around the copper pyramid.

To prepare the fire: Place one small piece of dry cow-dung flat in the bottom of the pyramid. Arrange pieces of cow dung so that air can reach the fire to keep it ablaze. Apply a little ghee to one piece of dung and light it. Insert this piece in the center and the whole stack soon catches fire. You may use a hand fan, if necessary. Do not blow into the fire or use any lighter fluid or other ignitable materials for lighting the Agnihotra fire.

The quantity of rice that you can hold in the tips of your fingers, constitutes a portion for the fire. Apply a little ghee to the bit of rice. A few minutes before sunrise or sunset, light the fire. The fire should be established by sunrise or sunset time.

Exactly at sunrise and sunset utter the first Mantra and then add a portion of rice to the fire. Then chant the second Mantra and another portion of rice into the fire. Try to sit near the fire for as many minutes as possible after each Agnihotra to experience the peace, that comes as a result of its practice. The mantra that is chanted during the fire ritual is ancient Sanskrit for 'Divine Will be Done'. It all takes about ten minutes.

For sunrise:

Sooryaya svaha. Sooryaya idam na mama

Prajapataye svaha. Prajapataye idam na mama

For sunset:

Agnaye svaha. Agnaye idam na mama

Prajapataye Svaha. Prajapataye idam na mama

Anyone can do Agnihotra and heal the atmosphere. Thousands of people all over the world have found that Agnihotra reduces stress, leads to greater clarity of thought, improves overall health, increases energy, and makes the mind more full of love. It is a great aid to drug and alcohol addiction. Agnihotra also nourishes plant life and neutralizes harmful radiation and pathogenic bacteria. It harmonizes the functioning of Prana (life energy) and can be used to purify water resources.

Continued on page 30

Ancient Healing Ritual, from page 13

Agnihotra renews the brain cells, revitalizes the skin and purifies the blood. It also has the ability to neutralize pathogenic bacterias. Many people who are normally allergic to smoke experience a healing effect by sitting in Agnihotra atmosphere and breathing the smoke. Thousands of people in different parts of the world have also experienced wonderful healings of all types of ailments by using and ingesting Agnihotra ash.

Plants grown in Agnihotra atmosphere are better able to withstand droughts. Many people have found that the size, taste, texture and yield of fruits and vegetables grown in Agnihotra atmosphere are superior. Performance of Agnihotra in the garden reduces pest problems and organic gardening and farming are made easier by using Homa (healing fire) techniques.

Regular practice of Agnihotra creates a healing cycle imparting spiritual peace and tranquility of mind. It initiates pure and creative thoughts. Regularly practicing or being in the atmosphere of Agnihotra has therapeutic effects on alcoholics and drug addicts. According to Vedas, the practice of Agnihotra gives a strong push to the mind in a positive direction and promotes pure thoughts. This atmosphere endows mental peace and tranquility to the whole family. It is said to impart power of intellect, wisdom, devotion to attain higher goals and physical strength.

For sunrise /sunset timesheets & ceremonial supplies:

The Copper Works

Ph. 540-948-5463, Fax 540-948-5214

www.summit.net/home/agnihotra/catalog.htm

For general information go to:

www.agnihotra.org



Nicole Person has an extensive background in fields ranging from international marketing to biodynamic farming. She performs hands-on or remote healing through moving, clearing and resetting energies in the physical body or living space.

She has studied a variety of healing modalities including Reiki, Karuna Ki, Heart and Soul, Crystalotherapy, Pranic Healing, Quantum Touch and Seven Rays as well as Feng Shui principles, herbs, aromatherapy and energy essences. For more information about her products and services, see her web site: www.EnergyisMagic.com.